Supporting Parents and Carers @ Cambridge

SPACE

A support and information network for members of the University with caring responsibilities for children or other dependents.

• The aims of the SPACE network are to:
  • provide an informal point of information and points of contact
  • meet others and share experiences, e.g. do's and don'ts and best practice
  • have opportunities to engage with staff from different University support services to find out more about what they can offer
SPACE Resources

- SPACE website bringing together University policy, procedures and other information to support parents and carers at the University
  
  www.space.admin.cam.ac.uk/

- Moodle virtual chat forum (to come)
- SPACE buddies scheme
- Finding good practice survey of departments and campuses
- Athena SWAN
- Family Leave survey – your experiences and feedback
Whatever work+family means to you, we're here to make it work **better**

Whether you need help and support on a regular basis or you just want to be prepared for the unexpected...

Create your Work+Family Space today and discover all these services
Your tailored Dashboard

Our services and content is prioritised based on your Life Stages

- My Dashboard
  - Benefit Overview
  - My Details
  - My Children
  - My Topics

- My Life Stages
  - Planning for Parenthood
  - The Early Years (0-3)
  - Pre-School
  - Primary School
  - 11+ to Teens
  - My Care
  - Ageing Parents
  - Elder Care
  - Managers

- Emergency Childcare
  - Be prepared for life's little emergencies
  - Book an emergency nanny, nursery, or childminder across the country with as little as 2 hours' notice.
  - Nannies
  - Nurseries
  - Childminders
  - How to Book

- Book childcare
  - Whichever backup childcare option you choose, it all starts with a simple search
  - Search

- Speak to an Expert
- Webinars
- Backup Adultcare
Backup Care through MFC

• **Emergency Childcare**
  - 1,450+ Ofsted-registered nurseries
  - 2,000+ Ofsted-registered childminders
  - Hundreds of high-calibre, fully vetted nannies

• **School Holiday Cover**
  - 500+ fun packed holiday clubs

• **Backup Adult & Eldercare**
  - Book fully regulated domiciliary care
Financial Matters for Carers

• Extension of grants
The Research Councils UK have acknowledged that students and researchers may have family commitments that require them either to go on leave for a prolonged period of time, or to change to a flexible working arrangement. The Wellcome Trust has made similar commitments.

• Returning Carers’ Scheme
The University introduced the Returning Carers Scheme to aid research and academic staff with caring responsibilities in their career and professional development.

• Independent Fellowships
Multiple independent organisations have established fellowships which are awarded to recognise caring responsibilities outside work.
SPACE Mailing List

• Provides information about forthcoming initiatives and events
• To join go to:

www.equality.admin.cam.ac.uk/spacenetwork